

What is the communicative intent of challenging behaviors?

If the behavior could talk, what might it be saying? (SEAT)

Sensory	Escape from requests or something aversive	Escape from Attention	Attention	Tangibles
<p>“This feels/looks /sounds/ smells/tastes good!”</p>	<p>“I don’t want to do this!”</p> <p>“I don’t like this!”</p> <p>“I’m scared”</p> <p>“I feel overwhelmed”</p>	<p>“Leave me alone”</p> <p>“I want to be by myself”</p> <p>“You’re standing too close to me”</p>	<p>“will you come here?”</p> <p>“look at me!”</p> <p>“please talk to me”</p> <p>“I feel left out”</p> <p>“I feel lonely”</p>	<p>“I want that”</p> <p>“That’s mine”</p> <p>“Please give that to me”</p>