

# Functions of Behavior

## What is the purpose of this behavior?

### Functions of Learned Behavior (SEAT)

**SENSORY** The behavior itself feels, looks, sounds, smells or tastes good. The behavior results in producing its own reinforcement.

**ESCAPE** The behavior occurs to remove an aversive stimulus (a stimulus can be a person, place, thing, including light, sound, taste, touch and odor).

**ATTENTION** The behavior occurs to obtain social attention, a reaction, approval, or connection.

**TANGIBLE** The behavior occurs to obtain a favorite object, food, or activity.